



NSS Unit
Government Degree College Theog,
Distt Shimla



Report on “Cycling Expedition from Kullu to Shimla” – 28-11-2025
Venue: Government Degree College (GDC), Theog
Organized by: NCC Air Wing, Govt. College Kullu in collaboration with
NCC Group Shimla and Department of Higher Education (DHE)

Introduction

On November 28, 2025, Government Degree College (GDC) Theog hosted the “Cycling Expedition from Kullu to Shimla,” organized by the 1 HP Air Sqn NCC Kullu. The expedition team, which covered the challenging route via Banjar, Jalori Top, Anni, and Narkanda, made a meaningful stop at Theog to interact with students as part of their awareness campaign. NSS volunteers of the college actively participated in the event and supported its smooth conduct.

Expedition Team Members

The visiting team comprised officers from the Indian Air Force, NCC officials, and medical staff:

- Wing Commander Kunal Sharma – Commanding Officer, 1 HP Air Sqn NCC Kullu (Indian Air Force)
- Flying Officer Prof. Nishchal Sharma – ANO, NCC Air Wing, Govt. College Kullu
- Dr. Himang Sharma – Medical Officer, Rippon Hospital Shimla

Support Staff

- Sergeant Mukesh
- Sergeant Rajnish Guleria
- Sergeant Mandeep
- GCI Pooja
- AMI Reshma
- Mr. Gulshan Nanda (Home Guard)
- Mr. Shyam (Home Guard)

Objectives of the Activity

The expedition aimed to motivate youth and promote social awareness. The key focus areas included:

1. Anti-Drug Campaign: Encouraging youth to stay away from drug abuse.



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2. Health & Fitness: Emphasizing the importance of physical fitness and a healthy lifestyle.
3. Career Guidance: Informing students about the benefits of NCC and opportunities in the Armed Forces.
4. Nation Building: Inspiring students to become responsible and disciplined citizens.

Proceedings

The expedition team received a warm welcome from the college administration. A special interactive session was organized for students, NCC cadets, and NSS volunteers.

Wing Commander Kunal Sharma addressed the gathering and shared insights from the team's demanding journey across high-altitude terrain, including Jalori Top. He motivated students to channel their energy into constructive pursuits and maintain physical fitness. He also delivered a strong message about staying away from drugs and highlighted how NCC training opens pathways to a career in the Armed Forces.

The NSS volunteers participated wholeheartedly by assisting in organizing the programme, managing the gathering, and interacting with the visiting team. Their involvement contributed significantly to the success of the event.

Conclusion

The visit of the Cycling Expedition team proved highly inspiring and informative for the students. The programme successfully promoted awareness about fitness, anti-drug initiatives, and career opportunities through NCC. The college administration appreciated the efforts of the visiting team, NCC cadets, and NSS volunteers for making the event impactful and memorable.



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